



1.2 Weight classes & age groups

2024 WAF ARMWRESTLING CATEGORIES

CLASS	AGE	CODE	GEN	-40	45	50	55	60	65	70	75	80	85	90	100	110	110+	
SUB-JUNIOR 15	14-15	K	M			-45	50	55	60	65	70	70+						
		KW	F	-40	45	50	55	60	70		70+							
JUNIOR 18	16-18	J	M				-50	55	60	65	70	75	80	90			90+	
		JW	F			-45	50	55	60	65	70	70+						
YOUTH 23	19-23	Y	M					-55	60	65	70	75	80	85	90	90+		
		YW	F					-50	55	60	65	70	70+					
SENIOR	ALL	M	M					-55	60	65	70	75	80	85	90	100	110	110+
		F	F					-50	55	60	65	70	80		90	90+		
MASTER	40-49	V	M						-60	70		80	90		100	100+		
		VW	F						-60	70		80	80+					
GRAND MASTER	50-59	GV	M							-70	80		90		100	100+		
		GVW	F						-60	70		80	80+					
SENIOR GRAND MASTER	60-69	SGV	M							-70	80		90		100	100+		
		SGW	F															
SUPER SENIOR GRAND MASTER	70+	SPV	M	OPEN														
		SPW	F															

2024 WAF PARA-ARMWRESTLING CATEGORIES

CLASS	AGE	CODE	GEN	-50	55	60	65	70	75	80	85	90	100	100+	
PID Sitting Physical Impairments Sitting	ALL	D	M					-55	65	75		100			100+
		DW	F					-55	65	65+					
PIDH Sitting Physical with upper limbs impairments Sitting	ALL	DA	M										-80	80+	
		DWA	F												
PIU Standing Physical Impairments Standing	ALL	U	M					-60	70		80	90		90+	
		UW	F					-55	65	65+					
PIU Junior 23 Physical Impairments Standing	14-23	UJ	M					-55	65	65+					
		UJW	F	-50	50+										
PIUH Standing Physical with upper limbs impairments Standing	ALL	UA	M										-85	85+	
		UWA	F						-65	65+					
PIUH Junior 23 Physical with upper limbs impairments Standing	14-23	UJA	M					-60	60+						
		UJWA	F												
VI Visual Standing Visual Impairments Standing	ALL	E	M					-60	70		80	90		100	100+
		EW	F					-60	70		70+				
VI Junior 23 Visual Impairments Standing	14-23	EJ	M					-55	65	65+					
		EJW	F	-50	50+										
HI Hearing Standing Hearing Impairments Standing	ALL	H	M					-60	70		80	90		100	100+
		HW	F					-60	70		70+				
HI Junior 23 Hearing Impairments Standing	14-23	HJ	M					-55	65	65+					
		HJW	F	-50	50+										
CPD Sitting Cerebral Palsy Impairments Sitting	ALL	DC	M					-55	65	65+					
		DCW	F												
CPU Standing Cerebral Palsy Impairments Standing	ALL	UC	M					-60	70		80	80+			
		UCW	F												

BY: Birth Year

PID: Physical Impairment athletes, sitting

PIU: Physical Impairment athletes, standing

PIDH: Physical Impairment athletes with upper limbs impairment, sitting

PIUH: Physical Impairment athletes with upper limbs impairment, standing

VI: Visual impairment athletes, standing

HI: Hearing impairment athletes, standing

M: Male **F:** Female